



# Seminar

on tendon transfers & ligament reconstruction  
of the Foot & Ankle on fresh frozen Cadaveric Specimens

June 4-5 2021

Thessaloniki Greece  
Laboratory of Descriptive Anatomy of Aristotle University  
of Thessaloniki & Teloglion Fine Arts Foundation



Organization:  
Orthopaedic & Traumatology  
Association of Macedonia & Thrace



In cooperation with:  
1<sup>st</sup> Orthopaedic Department  
of Aristotle University of Thessaloniki,  
"G. Papantoniou" General Regional Hospital

Balkan Foot  
and Ankle Society (BAFAS)

## Scientific Programme

Friday, June 4<sup>th</sup>, 2021

Teloglion Foundation of Fine Arts

- 09:00 Registrations
- 09:30-09:45 Welcome addresses-Opening Speech
- 09:45-11:00 **SESSION I**  
Chairpersons: **Panagiotis Givissis (Greece), Oliver Michelsson (Finland)**
- 09:45-10:00 Foot and Ankle anatomy and biomechanics  
**Athanasios Badekas (Greece)**
- 10:00-10:10 Basic principles of tendon transfers  
**Panagiotis Givissis (Greece)**
- 10:10-10:20 Tibialis anterior transfer and SPLATT operation  
**Nikolaos Kalaitzis (Greece)**
- 10:20-10:30 Tibialis posterior insufficiency and FDL transfer  
**Athanasios Badekas (Greece)**
- 10:30-10:40 Plantar plate rupture and repair  
**Jurij Štalc (Slovenia)**
- 10:40-11:00 Case Presentations
- Development of Equinus Deformation of the foot due to Myodystrophy.  
Surgical treatment  
**D.S. Bobrov (Russia)**
- 11:00-11:30 *Coffee break*

11:30-11:45 **Transfer to Laboratory of Anatomy & Surgical Anatomy AUTH**

11:45-14:00 **Cadaveric Workshop**

11:45-12:10 Tibialis posterior insufficiency and FDL transfer  
**Athanasios Badekas (Greece)**

12:10-12:50 Participants practice

12:50-13:20 STAT operation  
**Nikolaos Kalaitzis (Greece)**

13:20-14:00 Participants practice



# 1<sup>st</sup> Seminar

## on tendon transfers & ligament reconstruction of the Foot & Ankle on fresh frozen Cadaveric Specimens

June 4-5 2021

Thessaloniki Greece  
Laboratory of Descriptive Anatomy of Aristotle University  
of Thessaloniki & Teloglion Fine Arts Foundation



Organization:  
Orthopaedic & Traumatology  
Association of Macedonia & Thrace



In cooperation with:  
1<sup>st</sup> Orthopaedic Department  
of Aristotle University of Thessaloniki,  
"G. Papantoniou" General Regional Hospital

Balkan Foot  
and Ankle Society (BAFAS)

Teloglion Foundation of Fine Arts

|              |                                                                                                                                                                      |
|--------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 14:00-15:00  | <b>Lunch break</b>                                                                                                                                                   |
| 15: 00-16:00 | <b>SESSION II</b><br>Chairpersons: <b>Athanasios Badekas (Greece), Nikolaos Kalaitzis (Greece)</b>                                                                   |
| 15:00-15:10  | Extensor hallucis and digitorum brevis transfer in Cavus foot<br><b>Altug Tanrioer(Turkey)</b>                                                                       |
| 15:10-15:20  | Peroneal tendon transfers and tenodesis<br><b>Panagiotis Symeonidis (Greece)</b>                                                                                     |
| 15:20-15:30  | Peroneus tendons instability<br><b>Matej Drobnic (Slovenia)</b>                                                                                                      |
| 15:30-15:40  | Stainsby operation in rheumatic foot<br><b>Antonios Pettas (Greece)</b>                                                                                              |
| 15:40-15:50  | Spring ligament reconstruction<br><b>Ezequiel Palmarovich (Israel)</b>                                                                                               |
| 15:50-16:00  | Case Presentations<br>Elastic plano-valgus deformity.Subtalar arthroeresis and secondary techniques.<br>PPT plastic, FDL transfer<br><b>Aleksey Mazalov (Russia)</b> |
| 16:10-16:30  | <b>Coffee break</b>                                                                                                                                                  |
| 16:30-16:45  | <b>Transfer to Laboratory of Anatomy &amp; Surgical Anatomy AUTH</b>                                                                                                 |
| 16:45-19:00  | <b>Cadaveric Workshop</b>                                                                                                                                            |
| 16:45-17:10  | Pulvertaft method<br><b>Atanas Katsarov (Bulgaria)</b>                                                                                                               |
| 17:10-17:50  | Participants practice                                                                                                                                                |
| 17:50-18-10  | Spring ligament reconstruction<br><b>Ezequiel Palmarovich (Israel)</b>                                                                                               |
| 18:10-19:00  | Participants practice                                                                                                                                                |



# 1<sup>st</sup> Seminar

on **tendon transfers & ligament reconstruction**  
of the **Foot & Ankle** on **fresh frozen Cadaveric Specimens**

**June 4-5 2021**

**Thessaloniki Greece**  
Laboratory of Descriptive Anatomy of Aristotle University  
of Thessaloniki & Teloglion Fine Arts Foundation



**Organization:**  
Orthopaedic & Traumatology  
Association of Macedonia & Thrace



**In cooperation with:**  
1<sup>st</sup> Orthopaedic Department  
of Aristotle University of Thessaloniki,  
"G. Papantoniou" General Regional Hospital

Balkan Foot  
and Ankle Society (BAFAS)

**Saturday, June 5<sup>th</sup>, 2021**

**Teloglion Foundation of Fine Arts**

09: 00-09:50 **SESSION III**  
Chairpersons: **Antonios Pettas (Greece), Atanas Katsarov (Bulgaria)**

09:00-09:10 Lateral ankle instability. ATFL reconstruction  
**Oliver Michelsson (Finland)**

09:10-09:20 Medial ankle instability. Deltoid ligament reconstruction  
**Kaan Irgit (Turkey)**

09:20-09:30 Hallux varus. EHL transfer  
**Levon Makinyan (Russia)**

09:30-09:40 Acute and chronic conditions of plantar fascia  
**Atanas Katsarov (Bulgaria)**

09:40-09:50 Case presentations

09:50-10:10 *Coffee break*

10:10-10:25 **Transfer to Laboratory of Anatomy & Surgical Anatomy AUTH**

10:25-12:40 **Cadaveric Workshop**

10:25-10:50 ATFL reconstruction  
**Oliver Michelsson (Finland)**

10:50-11:30 Participants practice

11:30-11:50 EHL transfer  
**Levon Makinyan (Russia)**

11:50-12:40 Participants practice

12:40-13:40 *Lunch break*

13: 40-14:30 **SESSION IV**  
Chairpersons: **Matej Drobic (Slovenia), Kaan Irgit (Turkey)**

13:40-13:50 Chronic achilles tendon rupture  
**Kaan Irgit (Turkey)**

13:50-14:00 Haglund's deformity. Operation techniques  
**Antonios Pettas (Greece)**

14:00-14:10 Achilles tendon lengthening  
**Atanas Katsarov (Bulgaria)**



# 1<sup>st</sup> Seminar

## on tendon transfers & ligament reconstruction of the Foot & Ankle on fresh frozen Cadaveric Specimens

June 4-5 2021

Thessaloniki Greece  
Laboratory of Descriptive Anatomy of Aristotle University  
of Thessaloniki & Teloglion Fine Arts Foundation



Organization:  
Orthopaedic & Traumatology  
Association of Macedonia & Thrace



In cooperation with:  
1<sup>st</sup> Orthopaedic Department  
of Aristotle University of Thessaloniki,  
"G. Papanicolaou" General Regional Hospital

Balkan Foot  
and Ankle Society (BAFAS)

- 14:10-14:20 Traumatic tendon ruptures. Tendon grafting  
**Andrzej Komor (Poland)**
- 14:10-14:30 Case Presentations
- Arthroscopic FHL for Acute Achilles tendon rupture  
**Nasef Mohamed Nasef (Egypt)**

14:30-14:50 *Coffee break*

14:50-15:00 **Transfer to Laboratory of Anatomy & Surgical Anatomy AUTH**

15:00-17:20 **Cadaveric Workshop**

15:00-15:25 Haglunds deformity. Achilles split approach  
**Antonios Pettas (Greece)**

15:25-16:10 Participants practice

16:10-16:40 FHL transfer  
**Kaan Irgit (Turkey)**

16:40-17:20 Participants practice

17:20-18.00 Transfer to Teloglion Foundation of Fine Arts and Closure