



1st DEPARTMENT OF
OBSTETRICS & GYNECOLOGY,
NATIONAL & KAPODISTRIAN
UNIVERSITY OF ATHENS
MEDICAL SCHOOL
DIRECTOR: A. RODOLAKIS



Hellenic
Society
of Perinatal
Medicine

UNDER THE AUSPICE
OF THE MEDICAL SCHOOL



HELLENIC REPUBLIC
National and Kapodistrian
University of Athens
EST. 1910



The Fetus
As Patient



37th
CONGRESS

WEB
CONGRESS

OF THE FETUS AS A PATIENT SOCIETY

& 1st
CONGRESS
OF YOUNG SCIENTISTS OF
INTERNATIONAL ACADEMY OF
PERINATAL MEDICINE

Athens-Greece

23-25 April 2021



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INVITATION

Dear Colleagues,

It is an honor and great pleasure for us to welcome you to the 37th Congress of The Fetus as a Patient Society and the 1st Congress of Young Scientists of International Academy of Perinatal Medicine, which this year due to the COVID-19 pandemic, will be held only online from 23 to 25 of April 2021.

The International Society of The Fetus as a Patient is an interdisciplinary gathering of doctors who are devoted to enhancing all parts of fetal determination and treatment.

The International Academy of Perinatal Medicine is a scientific, international and independent nonprofit academic institution for the study, evaluation, dialogue and promotion of Perinatal Medicine across the world. Its main aim is to protect and promote the health of pregnant women, fetal patients, and newborns globally.

We invite you all to participate in this event, as the scientific program promises outstanding international speakers, who will present the most recent advances in the field of Perinatal and Fetal Medicine. All the participants will be able to learn and participate in several topics of the whole spectrum of perinatal and fetal medicine.

Moreover, this year, for the first time, young scientists will have the opportunity to demonstrate their work and be candidates for the Asim Kurjak award which will be presented to the winning writing team by Prof. A. Kurjak.

On behalf of the Organizing Committee we are looking forward to welcoming you in this meeting.

With kind regards

George Daskalakis
President of the Congress

Frank Chervenak
President of
The Fetus as a Patient Society

Asim Kurjak
President of the International
Academy of Perinatal Medicine



1st
**CONGRESS OF YOUNG SCIENTISTS OF
INTERNATIONAL ACADEMY OF
PERINATAL MEDICINE**



INVITED SPEAKERS

ADRA ABDALLAH - Lebanon
ARABIN BIRGIT - Germany
BERCEANU COSTIN - Romania
CHERVENAK FRANK - USA
ESIN SERTAC - Turkey
GREBERNNIKOVA OLGA - Russia
JURAS JOSIP - Croatia
KHALLIL ASMA - UK
KURJAK ASIM - Croatia
KYVERNITAKIS JANNIS – Germany
MATIAS ALEXANDRA – Portugal
MCAULIFFE FIONNUALA – Ireland
MERZ EBERHARD – Germany
PASHAJ SONILA – Albania
SERRA ZANTOP BERNAT – Spain
SCHENKER G. JOSEPH - Israel
SPALLDI LARA – Croatia
STANOJEVIC MILAN – Croatia
VATISH MANU - UK
VOLPE NICOLA – Italy
WIELGOS MIROSLAW - Poland



The Tetus
As Patient

SCIENTIFIC PROGRAM



1st

CONGRESS OF YOUNG SCIENTISTS OF
INTERNATIONAL ACADEMY OF
PERINATAL MEDICINE

FRIDAY 23/4/2021

14:00-14:15 INTRODUCTION-WELCOME

14:15-16:30 SESSION I

Chairmen: Daskalakis G., Deligeoroglou E., Siristatidis H.

- 14:15-14:30 How do you counsel women about NIPT & Molecular genetics: is NT enough?
Sifakis S.
- 14:30-14:45 **OP (01).** ROLE OF MATERNAL INSULIN-LIKE GROWTH FACTOR SYSTEM IN THE DEVELOPMENT OF FETAL MACROSOMIA IN WOMEN WITH DIABETES MELLITUS
Alekseenkova E., Kapustin R., Babakov V., Kopteeva E., Tcybuk E.
- OP (02).** EFFECT OF DIETARY MYO-INOSITOL SUPPLEMENTATION ON THE INSULIN RESISTANCE AND THE PREVENTION OF GESTATIONAL DIABETES MELLITUS: INTERIM ANALYSIS OF A RANDOMIZED CONTROLLED TRIAL
Asimakopoulos G., Antsaklis P., Theodora M., Sindos M., Pergialiotis V., Psarris A., Tasias K., Loutradis D., Rodolakis A., Daskalakis G.
- 14:45-15:00 NIPT: Failures, multiple pregnancies, discordant results, sex chromosome anomalies: how to deal with difficult cases.
Kitmiridis S.
- 15:00-15:15 Management of TAPS and TRAP.
Simou M.
- 15:15-15:30 Developmental and fetal origins of differences in monozygotic twins: from genetics to environmental factors.
Matias A.
- 15:30-15:45 The prediction of TTTS and sIUGR in monochorionic diamniotic twin pregnancies.
Eleftheriades M.
- 15:45-16:00 Discordant anomaly in twins.
Khalil A.
- 16:00-16:15 3D/4D Sonography: the abnormal fetal face in different syndromes.
Merz E.
- 16:15-16:30 Discussion
Fotinopoulos P., Kondylios A., Tziotis J.

16:30-16:45 - BREAK -

FRIDAY 23/4/2021

16:45-19:15

SESSION II

Chairmen: Farmakides G., Kanaka-Gantenbein Ch., Rodolakis A.

- 16:45-17:00 Management of increased nuchal translucency with normal karyotype: Should we bring anomaly scan forward in these cases?
Garas A.
- 17:00-17:15 **OP (03). INFLAMMATORY MARKERS AS POTENTIAL PREDICTORS OF HYPERTENSIVE DISORDERS OF PREGNANCY**
Couto I., Moutinho J. A.
- OP (04). FOLLOW-UP OF LATE PRETERM NEWBORNS AT CHUCB**
Pinto M., Costa R., Nunes S.
- 17:15-17:30 How isolated is “isolated” corpus callosum agenesis: the contribution of US and MRI.
Papadopoulos V.
- 17:30-17:45 Screening for preeclampsia in the 1st trimester.
Makrydimas G.
- 17:45-18:00 Prevention of preterm preeclampsia: Hype or Hope?
Adra A.
- 18:00-18:30 SATELLITE LECTURE – SPONSORED BY ROCHE DIAGNOSTICS**
Use of the angiogenic biomarkers sFlt1 and PlGF in the management of preeclampsia.
Vatish M.
- 18:30-18:45 How can we improve tragic situation with maternal mortality in developing countries.
Kurjak A.
- 18:45-19:00 Ethical lessons learned from the COVID-19 pandemic.
Chervenak F.
- 19:00-19:15 Discussion
Papastefanou J., Sarikostas D., Syndos M.

SATURDAY 24/4/2021

09:30-12:00

SESSION III YOUNG SCIENTISTS

Chairmen: Anatolitou F., Kalantaridou S., Thomakos N.

- 09:30-09:45 New guidelines on antenatal corticosteroids.
Dagklis Th.
- 09:45-10:00 **OP (05).** EVOLUTION OF ASSESSMENT OF FETAL BRAIN FUNCTION
Antsaklis P., Papamichail M., Theodora M., Daskalakis G., Rodolakis A.
- OP (06).** PORTAL VENOUS SYSTEM ANOMALIES: A NEW PROGNOSTIC FACTOR IN CASES OF AGENESIS OF DUCTUS VENOSUS?
Nagy R., Iliescu Dominic G.
- 10:00-10:15 A novel method for predicting preterm birth: Fetal Nasal Doppler.
Esin S.
- 10:15-10:30 Pregnancy and HPV infection.
Pappa K.
- 10:30-10:45 Pharmacological approach in the management of preterm delivery.
Juras J.
- 10:45-11:00 Neurophysiological assessment in NICU. Who and when to assess and which method to choose.
Grebennikova O.
- 11:00-11:15 The optimal rate of Cesarean delivery: should this be a criterion for evaluation of obstetric service?
Koutroumanis P.
- 11:15-11:30 The power of the fetal brain.
Spalldi L.
- 11:30-11:45 First trimester fetal brain.
Volpe N.
- 11:45-12:00 Discussion
Anastasakis E., Aravantinos L., Papadopoulos G.
- 12:00-12:15 BREAK**

SATURDAY 24/4/2021

12:15-14:15

SESSION IV

Chairmen: Antonakis G., Drakakis P., Makrygiannakis A.

- 12:15-12:30 Risk factors and consequences of maternal obesity: Which interventions might help to reduce health risks for the offspring?
Arabin B.
- 12:30-12:45 Low PAPPa and PLGF in the 1st trimester. What are the next steps?
Athanasiadis A.
- 12:45-13:00 Are IVF pregnancies different?
Daskalakis G.
- 13:00-13:15 Thromboembolic disease in pregnancy. A frequently neglected entity.
Serra Zantop B.
- 13:15-13:30 Congenital infections: New guidance.
Khalil A.
- 13:30-13:45 **OP (07).** THE IMPORTNANCE OF LOW PAPP-A LEVELS DURING THE 1ST TRIMESTER AS A PREDICTING FACTOR FOR ADVERSE PREGNANCY OUTCOMES A PROSPECTIVE STUDY OF 2636 WOMEN
Antsaklis P., Papamichail M., Fasoulakis Z., Theodora M., Daskalakis G., Rodolakis A.
- OP (08).** MATERNAL INFANT BONDING IN THE POSTPARTUM PERIOD: IS THERE ROOM FOR IMPROVEMENT?
Georgatzi S., Sindos M., Psarris A., Theodora M., Antsaklis P., Asimakopoulos G., Tasiak K., Rodolakis A., Daskalakis G.
- 13:45-14:00 Fetal growth trajectories and modifying maternal and fetal factors.
McAuliffe F.
- 14:00-14:15 Discussion
Benardis P., Galazios G., Vakas P.

14:15-15:00

BREAK

SATURDAY 24/4/2021

15:00-17:00

SESSION V

Chairmen: Daponte A., Papantoniou N., Tsolia M.

- 15:00-15:15 Pregnancy and breast cancer
Dimitrakakis K.
- 15:15-15:30 Preterm labour: how to predict and how to prevent.
Souka A.
- 15:30-15:45 Preterm premature rupture of membranes.
Stefos T.
- 15:45-16:00 Limits of viability: Is it universal?
Stanojevic M.
- 16:00-16:15 Late preterm vs early term neonates: developmental outcome.
Pervanidou P.
- 16:15-16:30 Reduction of maternal stress and increasing stress resilience to avoid harmful sequelae for the offspring.
Arabin B.
- 16:30-16:45 Cervical cerclage revisited.
Serra Zantop B.
- 16:45-17:00 Discussion
Protopapas A., Psara A., Siahianidou S.

17:00-17:15

BREAK

SATURDAY 24/4/2021

17:15-19:15

SESSION VI

Chairmen: Loutradis D., Lykeridou A., Vlahos N.

- 17:15-17:30 Fetal uropathies and interventions.
Kyvernitakis J.
- 17:30-17:45 Demonstration of normal and abnormal early human development by means of 3D/4D ultrasound.
Merz E.
- 17:45-18:00 Pregnancy after 40. Is there any increased risk?
Antsaklis A.
- 18:00-18:15 Planned home birth. It can be a woman's choice.
Gourounti K.
- 18:15-18:30 Planned home birth: A challenge to perinatal medicine.
Chervenak F.
- 18:30-18:45 How ultrasound helps in re-clarification of the philosophical, ethical, legal and scientific controversies on the beginning of human life.
Kurjak A.
- 18:45-19:15 Discussion
Dekavalas G., Nikolettos N., Varvarigos I.

19:15

HONORARY MEMBERS PROCLAMATION OF THE HELLENIC SOCIETY OF PERINATAL MEDICINE

Kurjak A.: Daskalakis G.

Chervenak F.: Antsaklis P.

09:15-12:00

SESSION VII YOUNG SCIENTISTS II

Chairmen: Charitou A., Domali A., Grigoriadis T.

- 09:15-09:30 Agenesis of the ductus venosus: prenatal diagnosis and perinatal outcomes.
Antsaklis P.
- 09:30-09:50 **OP (09).** IMPACT OF MATERNAL FOOD RESTRICTION ON HEART PROTEOME IN APPROPRIATELY GROWN AND GROWTH RESTRICTED WISTAR-RAT OFFSPRING
Zouridis A.
- OP (10).** GESTATIONAL HYPERTENSION AND PREECLAMPSIA: AN OVERVIEW OF NATIONAL AND INTERNATIONAL GUIDELINES
Giouleka S.
- OP (11).** MATERNAL-FETAL MEDICINE DURING THE COVID-19 ERA: A SINGLE CENTER EXPERIENCE
Psarris A., Tasias K., Antsaklis P., Sindos M., Theodora M., Asimakopoulos G., Rodolakis A., Daskalakis G.
- 09:50-10:05 Diagnostic performance of ultrasound in prenatal diagnosis of placenta accrete.
Theodora M.
- 10:05-10:20 The placenta in pregnancy associated diabetes.
Berceanu C.
- 10:20-10:45 **OP (12).** VIRTUAL AUTOPSY AND CONFIRMATION OF NORMAL FETAL HEART ANATOMY IN THE FIRST TRIMESTER USING THREE-DIMENSIONAL (3D) RECONSTRUCTION OF HISTOLOGICAL SECTIONS
Ruican D., Petrescu A.-M., Ungureanu A., Marinas C., Pirici D., Istrate-Ofițeru A.-M., Roșu G.-C., Badiu A. M., Simionescu C., Serbanescu M., Iliescu D.-G.
- OP (13).** THE INFLUENCE OF MATERNAL PRENATAL STRESS ON THE FETUS AND ITS FURTHER DEVELOPMENT
Anghel T.
- OP (14).** LIVER PROTEOME PROFILE OF GROWTH RESTRICTED AND APPROPRIATELY GROWN NEWBORN WISTAR RATS ASSOCIATED WITH MATERNAL UNDERNUTRITION
Sarli P.-M., Manousopoulou A., Efthymiou E., Zouridis A., Potiris A., Pervanidou P., Panoulis K., Vlahos N., Deligeoroglou E., Garbis S., Eleftheriades M.

SUNDAY 25/4/2021

10:45-11:00	Improper use of meta-analyses. Sotiriadis A.
11:00-11:15	The real value of meta-analyses. Pergialiotis V.
11:15-11:30	How to perform the diagnosis of midline malformations of the fetal brain. Pashaj S.
11:30-11:45	First trimester fetal heart. Volpe N.
11:45-12:00	Discussion Anastasopoulos P., Skentou Ch., Sotiriou S.
12:00-12:15	BREAK

**ASIM KURJAK
YOUNG SCIENTIST AWARD**

SUNDAY 25/4/2021

12:15-14:30

SESSION VIII

Chairmen: Alexopoulos E., Dinas K., Mataliotakis I.

- 12:15-12:30 Pregnancy in women with heart disease.
Mamopoulos A.
- 12:30-12:45 What is the chance for pathogenic chromosomal microarray analysis results in structurally normal fetuses?
Pilalis A.
- 12:45-13:00 Novelties in non-invasive fetal testing: What every obstetrician needs to know.
Adra A.
- 13:00-13:15 Intrauterine spina bifida repair - Polish experience.
Wielgos M.
- 13:15-13:30 Impact of high maternal BMI on fetal health
McAuliffe F.
- 13:30-13:45 Surrogacy Motherhood
Schenker J.G.
- 13:45-14:00 Neonatal resuscitation: 2020 guidelines.
Iakovidou N.
- 14:00-14:15 Assessing situs and the venous system: rare but easy to miss.
Gerede A.
- 14:15-14:30 Discussion
Ilidromitou Z., Kalmantis K., Moutafi A., Zavlanos A.

14:30-14:45

CONCLUSIONS

E-POSTERS

EP (01). IGF-AXIS IN GESTATIONAL DIABETES MELLITUS (GDM). REVIEW OF CURRENT LITERATURE

Kokolakis I.

EP (02). CHRONIC HYPERTENSION IN PREGNANCY: A COMPARATIVE REVIEW OF MAJOR GUIDELINES

Giouleka S.

EP (03). BIRTH OUTCOME IN A PREGNANCY WITH UNDIAGNOSED ATRIAL SEPTAL DEFECT (ASD)

Bournoudi I.

EP (04). TWO CASES OF UMBILICAL CORD PROLAPSE IN UNMONITORED PREGNANCIES AND PERINATAL OUTCOMES

Bakalakou E.

EP (05). CONSTRICTION RING : A RARE FORM OF DYSTOCIA

Bournoudi I., Bakalakou E.

EP (06). IS THE INDUCTION OF LABOR ASSOCIATED WITH THE FEAR OF CHILDBIRTH ? A LITERATURE REVIEW

Varela P., Lykeridou A., Zervas I., Deltsidou A.

EP (07). PHARMACOLOGICAL ANALGESIA AND LABOR DURATION: CURRENT INSIGHTS

Charatsi D.

EP (08). ZIKA VIRUS: A CHALLENGING CONGENITAL INFECTION

Charatsi D.

EP (09). MATERNAL SERUM ENDOGLIN LEVEL AS A PREDICTOR OF PRE-ECLAMPSIA IN WOMEN WITH DIABETES MELLITUS

Kopteeva E., Kapustin R., Alekseenkova E., Tcybuk E.

EP (10). HOW TO MAKE A SIMULATOR FOR AMNIOCENTESIS TRAINING

Papadaki M.

EP (11). AXILLARY FIBROADENOMA IN PREGNANCY

Papadaki M.

EP (12). PRENATAL DIAGNOSIS OF TRIPLE X SYNDROME (47, XXX)

Alchazidou E., Vlachadis N., Androulaki M., Siori M., Petrakos G.

EP (13). PRENATAL DIAGNOSIS OF TRISOMY 18

Alchazidou E., Vlachadis N., Christakopoulos D., Siori M., Petrakos G.

EP (14). PREVENTING INFECTIONS BEFORE AND DURING PREGNANCY

Taskou C., Lykeridou A., Christina N.

E-POSTERS

EP (15). CONGENITAL RIGHT DIAFRAGMATIC HERNIA

Natsios A.

EP (16). PRENATAL DIAGNOSIS OF CONGENITAL CYSTIC ADENOMATOID MALFORMATION.

A CASE REPORT

Spyropoulou K.

EP (17). ABSENT NASAL BONE AND INCREASED PRENASAL THICKNESS: TYPICAL SONOGRAPHIC MARKERS IN A FETUS WITH A TRISOMY 21 DIAGNOSED AT 17 WEEKS OF GESTATION

Anastasiadi Z., Natsios A., Spyropoulou K., Mina M., Tzima A., Dosiou K., Ghosi F., Efthimiadou C., Pappa C., Bourmpos K., Korkontzelos I.

EP (18). SHORT AND CURVED FEMUR. AN ULTRASOUND FINDING OF SKELETAL ABNORMALITIES

Tzima A., Natsios A., Anastasiadi Z., Spyropoulou K., Mina M., Dosiou K., Ghosi F., Efthimiadou C., Bourmpos K., Pappa C., Korkontzelos I.

EP (19). "MERMAID" BIRTH OF A SECOND TRIMESTER TRISOMY-21 FETUS

Polychroni D., Macheras P., Nidimos A., Apanozidou S., Provetzas P.

EP (20). CASE REPORT: INCIDENTAL FINDING OF A SINGLE FETAL DEMISE IN TWIN PREGNANCY

Polychroni D., Kontara E., Nidimos A., Macheras P., Apanozidou S., Provetzas P.

EP (21). MATERNAL AND NEONATAL CHARACTERISTICS AND OUTCOMES OF COVID-19 IN PREGNANCY: AN OVERVIEW OF SYSTEMATIC REVIEWS

Papapanou M., Papaioannou M., Petta A., Routsis E., Farmaki M., Vlahos N., Siristatidis C.

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