

1st International Congress for Minimal Invasive Orthopaedic Surgery Current Concepts

Organised by

1st Orthopaedic Department
Interbalkan Medical Center, Thessaloniki

27-28-29 August 2021

Rethymno, Crete

 **Hybrid Conference**

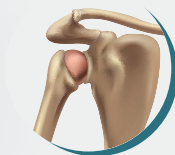
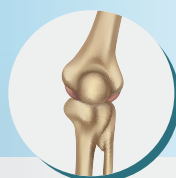
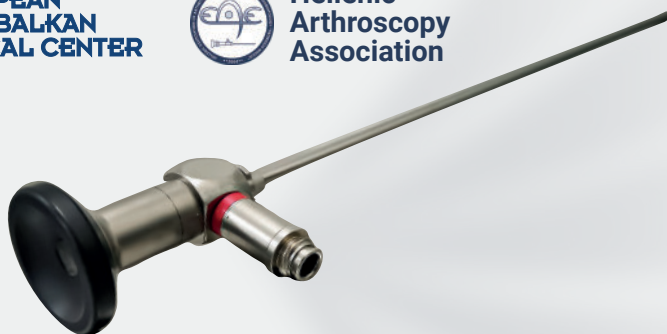
Under the auspices of:



**EUROPEAN
INTERBALKAN
MEDICAL CENTER**



**Hellenic
Arthroscopy
Association**



Round Tables:

Hip Arthroplasty
Knee Arthroplasty
Knee Arthroscopy
Shoulder Arthroscopy
Elbow Arthroscopy
Paediatric Orthopaedics

Spine
Foot and Ankle
Regenerative Medicine
Orthopaedic Trauma
Sports Medicine

PROGRAM

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PRESIDENT'S MESSAGE

Dear Colleagues,

We are delighted to announce the organization of the 1st Congress on Minimally Invasive Surgery covering the entire spectrum of Orthopedic Pathology, which is to be held in hybrid form, on 27-28-29 August 2021, in Rethymno, Crete.

The aim of the Congress is the exchange of viewpoints by highly distinguished Orthopaedic Specialists from ten (10) different countries, such as England, Germany, France, Sweden, Belgium etc.

Characteristic feature of the Congress is the live participation of 25 invited colleagues from abroad who, along with a relatively small number of eminent Greek colleagues, will set up 11 round tables, exchange views and announce their conclusions regarding minimally invasive techniques in Orthopaedics.

Along with view exchange among Experts in Orthopedics, our wish is to offer a short escape of relaxation to the Organizers, to the Participants of the Scientific Program, as well as to those participants who will have the opportunity to attend the Congress with their physical presence in one of the most popular hotels in Crete.

The President's ultimate goal is to promote the Orthopaedic Science in his homeland, Crete, and to establish the Congress as an institution for the future.

In compliance with the health protocols currently in force, the number of participants with physical presence will be limited. For this reason, we kindly ask for your timely registration and inform you that a strict list will be kept according to the order of priority of expressions of interest.

Sincerely yours
The President of the Congress

Prof. Stylianos Kapetanakis
Director of 1st Orthopaedic Department
European Interbalkan Medical Center of Thessaloniki

27-28-29 August 2021
Rethymno, Crete

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SCIENTIFIC PROGRAM

Friday 27 August 2021

Shoulder session

Moderators: K. Dimitrakas, Th. Lafosse

09:00 - 09:15	Arthroscopic Latarjet for anterior chronic instability. Where are we today ? L. Lafosse
09:15 - 09:30	Endoscopic brachial plexus release Th. Lafosse
09:30 - 09:45	Tendon transfer options for massive rotator cuff tear E. Bassem
09:45 - 10:00	SLAP lesion revisited A. Castagna
10:00 - 10:15	Massive Rotator Cuff Tears. Superior Capsular reconstruction with the Long Head of the Biceps Tendon J. Barth
10:15 - 10:30	Education on Shoulder Surgery. The Past, the present and the future A. Boutsiadis
10:30 - 10:45	Discussion
10:45 - 11:00	<i>Coffee Break</i>

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SCIENTIFIC PROGRAM

Friday 27 August 2021

Knee Arthroplasty session

Moderators: E. Tsiridis, L. Niggemann

11:00 - 11:15	Tourniquetless Total Knee Arthroplasty E. Ziogas
11:15 - 11:30	Robotic technology and artificial intelligence in knee arthroplasty what vision for the future S. Lustig
11:30 - 11:45	Robotic arthroplasty: The game changer E. Tsiridis
11:45 - 12:00	Optimizing soft tissue balancing in TKA L. Poultsides
12:00 - 12:15	The medial pivot concept G. Macheras
12:15 - 12:30	Discussion
12:30 - 13:00	<i>Light Lunch</i>

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SCIENTIFIC PROGRAM

Friday 27 August 2021

Hip Arthroplasty session

Moderators: E. Ziogas, S. Lustig

13:00 - 13:15	Dual mobility THA: a durable game changer or the next cause for concern ? S. Lustig
13:15 - 13:30	STAR approach: The new MIS FAST TRACK total hip arthroplasty E. Tsiridis
13:30 - 13:45	Why do I prefer Direct Anterior Approach on a Regular for THA L. Poultsides
13:45 - 14:00	Revision surgery: dilemmas, concerns, solutions G.Macheras
14:00 - 14:15	Tips and tricks for replacement of the acetabular component L. Niggemann
14:15 - 14:30	Discussion
14:30 - 14:45	<i>Coffee Break</i>

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Saturday 28 August 2021

Sports Medicine - Sports Injuries session

Moderators: P. Koumis, A. Quaglia

09:00 - 09:15	Why it is important to prevent Sports Injuries P. Koumis
09:15 - 09:30	Ankle Instability: Surgical Options and the role of Arthroscopy N. Markopoulos
09:30 - 09:45	Epidemiology of sports injuries in a professional football team A. Quaglia
09:45 - 10:00	Meniscal injuries in ACL deficiency D. Chissas
10:00 - 10:15	The role of transforaminal lumbar endoscopic discectomy in elite athletes S. Kapetanakis
10:15 - 10:30	Functional conditions of basketball players after lockdown with special reference to those who had a Covid - 19 infections D. Nenad
10:30 - 10:45	Nutritional guidance during recovery from COVID-19 infection M. Andjelkovic
10:45 - 11:00	Prevention of common soccer injuries Ch. Theos
11:00 - 11:15	Discussion

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Saturday 28 August 2021

Elbow Arthroscopy session

Moderators: Ch. Koukos, R. van Riet

11:15 - 11:30	Arthroscopic Management of the elbow instability R. van Riet
11:30 - 11:45	Anconeus-Sparing Minimally Invasive Approach for Lateral Ulnar Collateral Ligament Reconstruction in Posterolateral Elbow Instability A. Voss
11:45 - 12:00	Management of the stiff elbow A. Leonidou
12:00 - 12:15	Osteoarthritis of the elbow: Non- operative and operative strategies Ph. Kasten
12:15 - 12:30	Complications in elbow arthroscopy P. Givissis
12:30 - 12:45	Lateral elbow pain. Differential diagnoses and treatment L. Witsch
12:45 - 13:00	Discussion
13:00 - 13:30	<i>Light Lunch</i>

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Saturday 28 August 2021

Foot and Ankle session

Moderators: D. Hatziemmanuil, K. Buedts

13:30 - 13:45	Minimally invasive Hallux valgus correction D. Hatziemmanuil
13:45 - 14:00	Innovation in Orthopaedics A. Goldberg
14:00 - 14:15	Chronic Ankle Instability, Myth or a fact K. Buedts
14:15 - 14:30	The paediatric and adolescent foot. Diagnostic and Therapeutic Approach Ch. Konstantoulakis
14:30 - 14:45	Arthroscopic double, triple, TTC and pantalar arthrodesis N. Gougoulas
14:45 - 15:00	Discussion
15:00 - 15:15	<i>Coffee Break</i>

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Saturday 28 August 2021

Regenerative Medicine session

Moderators: Th. Chatzipetrou, S.Schneider

15:15 - 15:30	AutoCart – All Autologous Cartilage Regeneration Biological Basics E. Christoph
15:30 - 15:45	AutoCart - Technical procedure and first 2 years results S. Shneider
15:45 - 16:00	All autologous arthroscopic cartilage regeneration(autocart)-our experience – histological results K. Dimitrakas
16:00 - 16:15	Towards Personalized Cartilage Implants, an Advanced Therapy Medicinal Product (ATMP) development journey A. Kritis
16:15 - 16:30	PRF and SVF treatment of osteoarthritis in peripheral joints Torbjorn Ogeus
16:30 - 16:45	Prp and their evidence based use in Orthopaedic surgery Th. Chatzipetrou
16:45 - 17:00	Discussion

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Sunday 29 August 2021

Spine session

Moderators: S. Kapetanakis, M. G.Hess

09:00 - 09:15	The present and the future of endoscopic techniques in lumbar spine surgery S. Kapetanakis
09:15 - 09:30	Interlaminar endoscopic spine surgery M.G. Hess
09:30 - 09:45	MIS adolescent and adult scoliosis surgery G. Bakaloudis
09:45 - 10:00	Virtual presentation transforaminal endoscopic spine surgery. Tips and tricks S. Kapetanakis - N. Gkantsinikoudis
10:00 - 10:15	Minimal invasive procedures for vertebral fractures E. Floros
10:15 - 10:30	Comprehensive surgical treatment strategy for spinal tumors with special attention to preoperative embolization J. Bladowska
10:30 - 10:45	Discussion
10:45 - 11:00	<i>Coffee Break</i>

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Sunday 29 August 2021

Orthopaedic Trauma session

Moderators: E. Floros, R. Smektala

11:00 - 11:15	Osteosynthetic treatment of proximal femoral fractures: the timing of Treatment is delayed in case of pre-existing anticoagulation Jan Korbmacher
11:15 - 11:30	Periprosthetic femur fracture: update M. Sandfort
11:30 - 11:45	Lisfranc fracture - dislocation. Current management A. Pettas
11:45 - 12:00	MIS with cancellous screws by Hip fracture M. Vermisoglou
12:00 - 12:15	The influence of timing of surgery on mortality and early complications in femoral neck fractures, by surgical procedure R. Smektala
12:15 - 12:30	Discussion
12:30 - 13:00	<i>Light Lunch</i>

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Knee Arthroscopy session

Moderators: H. Voulgaropoulos, A. Silva

13:00 - 13:15	Anterolateral Ligament Reconstuction S. Papastergiou
13:15 - 13:30	Are all ACL techniques worth the time? A. Silva
13:30 - 13:45	Lateral tenodesis in ACL reconstruction: indications and technique M. Hantes
13:45 - 14:00	ACL reconstruction in adolescents A. Quaglia
14:00 - 14:15	ACL reconstruction, the all inside technique P. Kouloumentas
14:15 - 14:30	ACL reconstruction and osteoarthritis: Myths and reality H. Voulgaropoulos
14:30 - 14:45	ACL Deficiency in knee malalignment M. Iosifidis
14:45 - 15:00	Discussion

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Sunday 29 August 2021

Paediatric Orthopaedics session

Moderators: M. Vermisoglou, K. Rimmel

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|---------------|--|
| 15:00 - 15:15 | Establishment of a small pediatric orthopedic center in northern Tanzania
A. M. Schraml |
| 15:15 - 15:30 | Too bended and too short – maldeformity of the lower extremities with children and their minimal invasive correction
K. Rimmel |
| 15:30 - 15:45 | Guided growth for frontal plane deformity correction
Benedikt Leiding |
| 15:45 - 16:00 | The paediatric and adolescent foot. Diagnostic and Therapeutic Approach
Ch. Konstantoulakis |
| 16:00 - 16:15 | Discussion |

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