



SPINE TO GO
ONLINE COURSES

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Courses 2021 - 2022



Dear participants,

we're delighted to present to you our new digital, non-profit, live approach to continuing education in the specialty of the SPINE.

As this is not a conventional continuing education event, please take a moment to let me explain the novel approach to continuing education that we're using — I think it'll be an exciting one for you.

It's called "SPINE TO GO".

SPINE TO GO is aimed at physicians and therapists who are looking for further training and continuing education in the field of the spine, not demanding too much time, and free of charge.

The approach is intended to offer the essential topics in conservative and surgical spine therapy in various formats.

Our special characteristics: Live online lectures on a topic in spinal therapy, with subsequent discussion by recognized international specialists — no charges — non-profit project — independence of content (with no influence from the medical industry or other stakeholders) — easy registration and enrolment — CME points — easy access from any computer/smartphone/tablet with Internet access — no recording of the lectures — financing of running costs

through donations.

We'd like to express our special thanks to the speakers, who are all recognized experts in their specialty. Their honorary contribution and their high-quality lectures are the basis for SPINE TO GO's success. And as participants who are keen to learn, you are also making a contribution to sustaining the SPINE TO GO approach and the wide variety of benefits it provides.

We would be delighted to welcome you to lots of our events in the virtual lecture-hall.

Prof. Dr. Tobias Schulte, MD

Director of the University Department of Orthopedics at the Ruhr University of Bochum, Department of Orthopedics and Trauma Surgery, Catholic Clinic Bochum, St. Josef-Hospital, Germany



Sagittal Balance: To make a long story short

Saturday, 28th August 2021

Start: 14:00
End: 17:30

Time zone = UTC+2 (Berlin time)

14:00

What is sagittal balance?

Frank Schwab, MD
Hospital for Special Surgery, Spine
Surgery, New York, United States

14:30

Sagittal balance and the cervical spine

Jean-Charles LeHuec, MD, PhD
Department of Orthopaedics and
Traumatology, Bordeaux University
Hospital, Polyclinique Bordeaux Nord
Aquitaine, Bordeaux, France

16:00

Hip surgery and spinal sagittal balance - Is there a relationship?

Jonathan M. Vigdorchik, MD
Hospital for Special Surgery, Orthopedic
Surgery, Hip and Knee Replacement,
New York, United States

15:00

Spondylolisthesis and sagittal balance

Prof. Claudio Lamartina, MD
I.R.C.C.S. Istituto Ortopedico Galeazzi,
Milan, EFM Professor of Orthopedic
Specialization School Milan University,
Italy

16:30

Surgical techniques to improve sagittal balance

Ferran Pellisé, MD, PhD
Spine Unit, Hospital Vall d'Hebron,
Barcelona Spine Institute,
Barcelona, Spain

15:30

Degenerative deformities

PD Dr. Jörg Franke, MD
Center of Traumatology and
Orthopaedics, Klinikum Magdeburg,
Magdeburg, Germany

17:00

Case presentations

Ibrahim Obeid, MD, MSc
Clinique du Dos, Centre Hospitalier
Universitaire de Bordeaux,
Bordeaux, France

Explain Pain

Saturday, 20th November 2021

Start: 09:00
End: 12:30

Time zone = UTC+1 (Berlin time)

09:00

Neurophysiologic aspects of spinal pain

Prof. Dr. Rolf-Detlef Treede, MD
Department for Neurophysiology,
MCTN, Medical Faculty Mannheim,
Heidelberg University, Mannheim,
Germany

09:30

The origin of spinal pain from a spine surgeon's perspective

Prof. Dr. Markus Quante, MD
Department of Spine Surgery and
Scoliosis Centre, Schön Clinic Neustadt
i.H., Germany

11:00

Spinal pain and physiotherapy

Prof. Lorimer Moseley
Clinical Neurosciences and
Physiotherapy, University of South
Australia, Adelaide, Australia

10:00

Nociceptive pain from the musculoskeletal system

Prof. Thomas Graven-Nielsen, DMSc,
PhD, Center for Neuroplasticity and
Pain, Aalborg University, Aalborg,
Denmark

11:30

Spinal pain and psychology

Prof. Michael Nicholas
Pain Management Research Institute,
Northern Clinical School, Kolling Institute
of Medical Research, University of
Sydney, Sydney, Australia

10:30

Neuropathic pain

Prof. Dr. Dr. Thomas R. Tölle, MD
Department of Neurology, Klinikum
rechts der Isar, Technical University of
Munich, Munich, Germany

12:00

Pain and surgery

Prof. Dr. Esther Pogatzki-Zahn, MD
Department of Anesthesiology, Intensive
Care and Pain Medicine, University
Hospital Münster, Münster, Germany

Adolescent Idiopathic Scoliosis

Saturday, 19th February 2022

Start: 16:00
End: 19:30

Time zone = UTC+1 (Berlin time)

16:00

Pathophysiology and natural history

Prof. Stefan Parent, MD, PhD
Departement of Surgery, University of
Montréal, Montréal, Canada

16:30

The role of physiotherapy

Prof. Stefano Negrini, MD
Physical and Rehabilitation Medicine,
University "La Statale", Milan, I.R.C.C.S.
Istituto Ortopedico Galeazzi, Milan, Italy

18:00

Anterior correction

Prof. Dr. Ulf Liljenqvist, MD
Department for Spine Surgery and
Scoliosis Center, St. Franziskus-Hospital,
Münster, Germany

17:00

Bracing

Stuart L. Weinstein, MD
Orthopaedic Surgery, University of Iowa
Hospitals & Clinics, Iowa City, Iowa,
United States

18:30

Vertebral tethering

Peter O. Newton, MD
Division of Orthopaedics & Scoliosis,
Rady Children's Hospital - San Diego,
University of California San Diego School
of Medicine, San Diego, United States

17:30

Posterior correction

Prof. Ahmet Alanay, MD
Comprehensive Spine Center,
Acibadem Maslak Hospital, Department
of Orthopaedics and Traumatology,
Acibadem Mehmet Ali Aydinlar
University School of Medicine, Istanbul,
Turkey

19:00

Case presentations

Prof. Helton L. A. Defino, MD
Department of Orthopaedics, Ribeirão
Preto Medical School, University of São
Paulo, Ribeirão Preto, Brazil

Degeneration of the Lumbar Spine

Saturday, 21st May 2022

Start: 13:00
End: 17:00

Time zone = UTC+2 (Berlin time)

13:00

Pathophysiology of degeneration

Prof. Dr. Karin Wuertz-Kozak, RPh, PhD,
MBA
Department of Biomedical Engineering,
Rochester Institute of Technology,
Rochester, United States

13:30

Degenerative instability

Kazuhiro Hasegawa, MD, PhD
Niigata Spine Surgery Center,
Department of Orthopedic Surgery
Niigata, Japan

15:30

Sacroiliac joint pain

Bengt Stureson, MD, PhD
Department of Orthopedics, Aleris
specialistvård,
Ångelholm, Sweden

14:00

Spinal canal stenosis

Prof. Dr. Luca Papavero, MD
Formerly: Spine Surgery, Schön Clinic
Hamburg-Eilbek, Germany

16:00

Neuromodulation

Sam S. Eldabe, MB ChB, FRCA
Department of Pain and Anaesthesia,
The James Cook University Hospital,
Middlesbrough, United Kingdom

14:30

Disc herniation

Wilco C. Peul, MD, PhD
University Neurosurgery Centre Holland
(UNCH), Leiden and The Hague,
Netherlands

16:30

Case presentations

Mohammad El-Sharkawi, MD, PhD
Department of Orthopaedic and Trauma
Surgery, Assiut University Medical
School, Assiut, Egypt

15:00

Degenerative lumbar deformity

Dominique A. Rothenfluh, MD, PhD
Spinal Surgery, Oxford University
Hospitals NHS Foundation Trust,
Oxford, United Kingdom

Fractures of the Spine

Saturday, 27th August 2022

Start: 16:00
End: 19:00

Time zone = UTC+2 (Berlin time)

16:00

Odontoid fractures

Alexander R. Vaccaro, MD, PhD, MBA
Rothman Orthopaedics, Department of
Orthopaedic Surgery, Thomas
Jefferson University, Philadelphia,
United States

16:30

Luxation fractures of the subaxial cervical spine

Jens R. Chapman, MD
Department of Orthopaedic Surgery,
Spine Surgery, Swedish Neuroscience
Institute, Seattle, United States

18:00

Osteoporotic fractures

Dr. Klaus Schnake, MD
Center for Spinal and Scoliosis Surgery,
Malteser Waldkrankenhaus St. Marien,
Erlangen, Germany

17:00

Burst fractures without neurologic deficit

Prof. Dr. Frank Kandziora, MD
Center for Spinal Surgery and
Neurotraumatology, Berufs-
genossenschaftliche Unfallklinik
Frankfurt am Main, Germany

18:30

Sacrum fractures of the elderly

Emiliano Vialle, MD, MSc
Cajuru Hospital, Catholic University of
Parana, Curitiba, Brazil

17:30

Thoracolumbar C type fractures

Prof. Osmar Jose Santos de Moraes,
MD
Department of Neurosurgery, Hospital
Santa Catarina, Research Technology
Institute IPT, Sao Paulo, Brazil

19:00

Case presentations

Rick Bransford, MD
Department of Orthopaedics and Sports
Medicine, University of Washington /
Harborview Medical Center, Seattle,
United States

Contact

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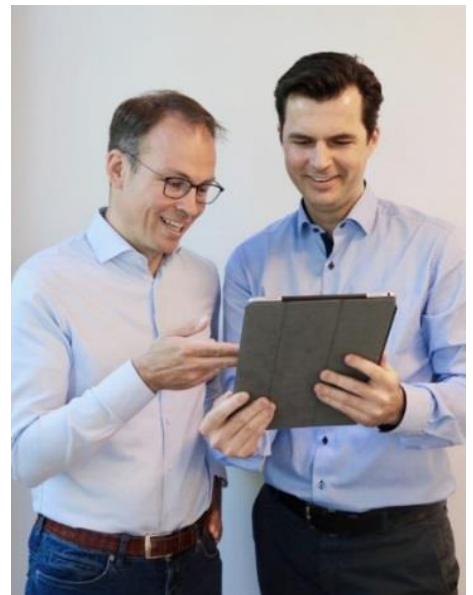
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